

# Innovative Device Aids in Patient Boosting and Addresses SPHM Challenges

## BACKGROUND

Mobilizing and repositioning patients significantly impacts healthcare workers' (HCWs) physical health representing the leading cause of musculoskeletal injuries, particularly of the back and shoulder, which make up 71% of all worker's compensation claims.<sup>1</sup>

**OSHA estimates the annual cost of back injuries among HCWs could reach \$20 billion annually.<sup>2</sup>**

For patients, immobility can lead to complications such as muscle atrophy, pressure injuries, deep vein thrombosis, pneumonia, and other health issues that affect recovery and outcomes.<sup>3</sup> Early mobilization improves outcomes and reduces length of stay but is often delayed due to a lack of personnel and equipment. Despite the proven benefits, Safe Patient Handling and Mobility (SPHM) techniques and equipment remain underutilized.<sup>4</sup>

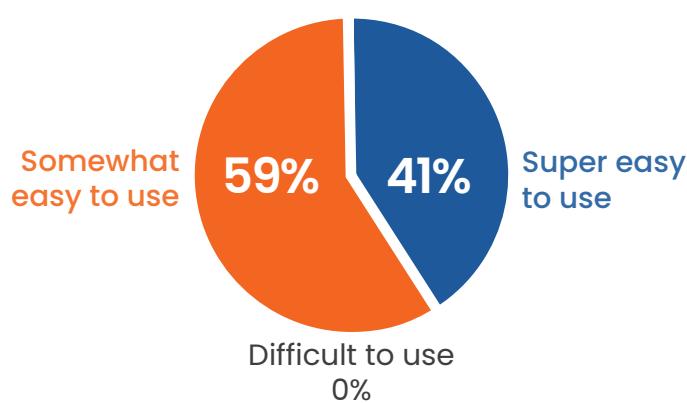


## METHOD

In March of 2024, the EasyBoost™ Repositioning System (Seneca Devices, Durham, NC), a new SPM device was evaluated at a New York facility offering rehabilitation, skilled nursing, and long-term care. The EasyBoost is compatible with most hospital beds and attaches as a cushion that incrementally boosts the patient by a control unit operated by a single caregiver using a one-touch remote. **EasyBoost was evaluated over six months with data captured via a brief tablet survey by 64 healthcare workers.**

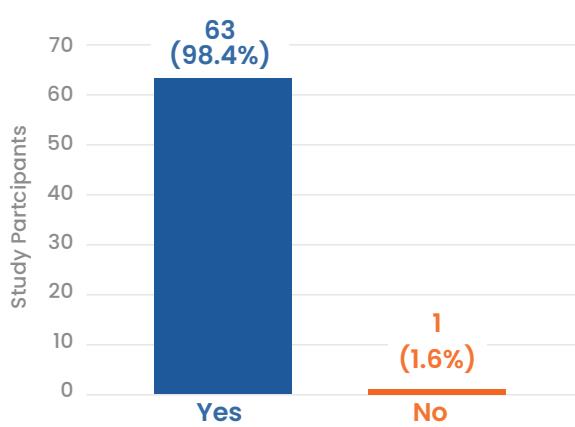
## RESULTS

### How easy was it to use the EasyBoost device? n=64



**100% of users** responded that the device was "super easy to use" or "somewhat easy to use" and with zero users selecting "difficult to use".

### Did the EasyBoost repositioning device save you time? n=64



**98.4% of users** responded that the device saved them time in boosting patients up in bed.

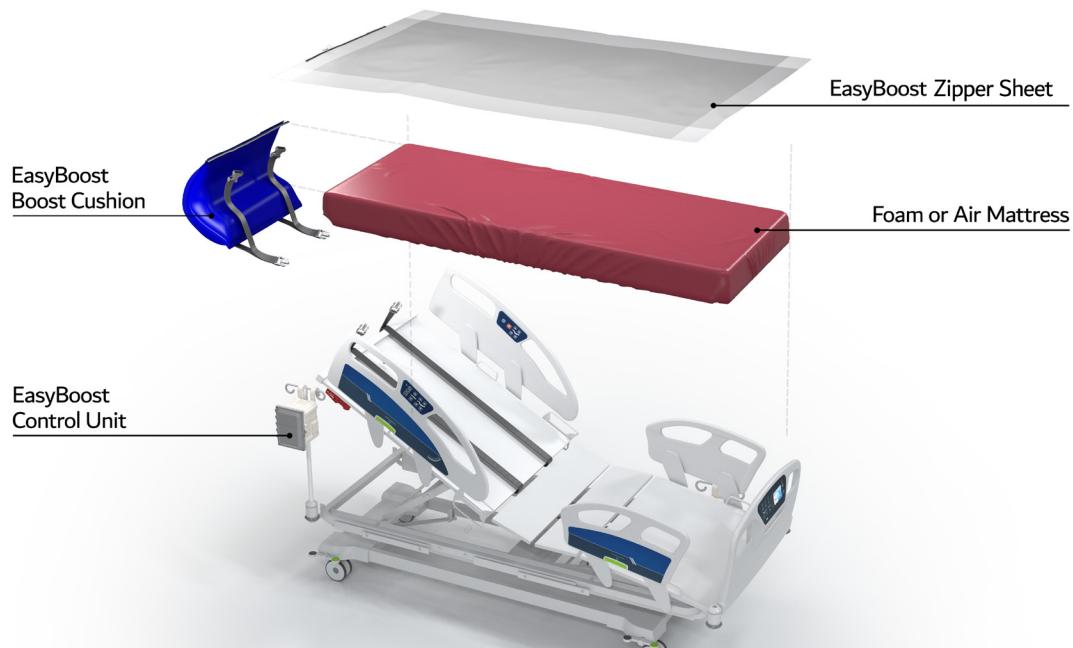
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## RECOMMENDATIONS FOR PRACTICE

This innovative device aids in patient boosting and addresses SPHM challenges. Healthcare workers found it easy to use and time-saving. While the survey did not measure back stress and strain, the product's elimination of manual effort could reduce physical strain on workers by accomplishing no-touch patient mobility.

"It is uncommon to find a medical device that not only enhances patient care but is also embraced enthusiastically by our nursing staff for daily use. In our experience, EasyBoost stands out as one of the **top 5% of solutions** we have evaluated at our facility."

– James Rosenman, CEO



FOR MORE INFORMATION  
ON EASYBOOST PLEASE  
VISIT [SENECADEVICES.COM](http://SENECADEVICES.COM)

<sup>1</sup> Bureau of Labor statistics (BLS, 2018) <https://www.bls.gov/opub/ted/2018/back-injuries-prominent-in-work-related-musculoskeletal-disorder-cases-in-2016.htm> <sup>2</sup> OSHA 2021 <https://www.osha.gov/healthcare/safe-patient-handling> <sup>3</sup> Ernstmeyer K, Christman E, eds. *Nursing Fundamentals*. Eau Claire (WI): Chippewa Valley Technical College; 2021. Chapter 13 Mobility. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK591828/>. <sup>4</sup> Kalisch BJ, Lee S, Dabney BW. Outcomes of inpatient mobilization: a literature review. *J Clin Nurs*. 2014 Jun;23(11-12):1486-501. doi: 10.1111/jocn.12315. Epub 2013 Sep 13. PMID: 24028657.